



WESTWOOD RECREATION

Swimming Pool Rules

1. All persons entering the pool area must register at the desk. Persons shall not knowingly falsify any document that may be required as part of using the facility.
2. There is to be one lifeguard for every 25 swimmers.
3. All unfamiliar swimmers will be given the pool test. To qualify to swim independently, the swimmer must swim one length, 25 yards, of front crawl stroke with rhythmic breathing. The decision is left to the discretion of the testing lifeguard.
4. If the individual, who is less than 4.5 feet tall, is unable to swim one length of the pool, he or she must be accompanied in the water by an adult.
5. During swim lessons, observation is permitted from the Spectator Area of the Pool. Spectators are not permitted on the pool deck. All electronic devices must be silenced, and all children must be supervised by an adult. The department reserves the right to remove anyone who presents a distraction to the class.
6. Bathing suits must be worn. Shoulder length hair, or longer, must be pulled back. No cut-offs or T-shirts are allowed. Non-toilet trained swimmers must wear a swim diaper, **rubber pants** and a swim suit.
7. Showers must be taken before entering the pool.
8. Persons with open sores, skin diseases or any communicable disease are not permitted in the pool.
9. Swim fins, kickboards, pull buoys, noodles and toys are loaned out at the discretion of the lifeguard on duty.
10. Alcoholic beverages and people who have apparently consumed alcoholic beverages or indulged in the use of drugs are not allowed in the pool area.
11. Unnecessary conversation with the lifeguards is to be avoided.
12. Patrons are to observe signs, posted safety rules, and instruction from the lifeguards.
13. Lockers in the locker rooms are for daily use only. No patron will be allowed to lock personal belongings in a locker overnight or for an extended period of time.
14. Use of the diving boards is at the discretion of the lifeguard on duty.

15. When the diving board is in use:
 - running on the board is PROHIBITED
 - head and feet first dives only, NO flips, NO backward jumps or dives
 - diver must be certain that the area underneath the board is cleared of swimmers before go off the board
 - NO use of selfie sticks
16. Horseplay, pushing, dunking, or roughhousing are NOT allowed.
17. Food, beverages, and gum are PROHIBITED in the pool area.
18. Running, pushing, horseplay or ball games are PROHIBITED on the pool deck.
19. Flotation devices are NOT allowed, including but not limited to specially designed swimsuits and lifejackets. All swimmers must swim to the best of their ability. Requests for variances on floatation devices must be addressed with the Aquatics Manager in advance.
20. Patrons should report any unsafe conditions or concerns directly to the aquatics manager or to a member of the pool staff.
21. Persons shall not fight assault, threaten, or otherwise endanger any employee of the Town, or member of the public.
22. No person shall litter in the pool deck, stands, water or locker rooms.
23. Persons shall not engage in threatening or abusive language or actions, nor shall any discourteous, indecent, or immoral conduct be tolerated.
24. Persons shall not misuse, abuse, damage, or tamper with the property of the Town.
25. All complaints or concerns should be directed to the supervisor of the facility.
26. Without written consent from all guardians of all participants under the age of seventeen years, cameras, of any type, will not be allowed in any area of the pool, locker-rooms, pool deck, bleachers, or hallways.
27. No one will be admitted to a pool before the arrival of an adult supervisor from the organization, nor will any one be allowed to remain in the building without such supervision.
28. All Westwood Public Property and grounds are No Smoking Areas. Mass State law applies to all building and grounds.
29. The Town of Westwood, the Westwood Recreation Department and all employees, agents, board members and volunteers are not responsible for lost, stolen, or misplaced personal possessions of swimming participants or spectators.